Exploring the Impact of Pharmacy Workflow Design on Pharmacist Efficiency and Patient Safety: A Qualitative Study

Saad M. Aldhafyan¹, Mazen S. Alotaibi², Abdullah A. Alahmari³, Waseem N. Alshahrani⁴

Pharmacist Health affairs at the Ministry of National Guard

Abstract

Background: Pharmacy workflow design significantly impacts pharmacist efficiency and patient safety. This qualitative study explores how pharmacists perceive the influence of workflow design on these factors.

Objective: To investigate the effects of pharmacy workflow design on pharmacist efficiency and patient safety through pharmacists' experiences and perspectives.

Methods: A qualitative study was conducted with semi-structured interviews of 20 pharmacists from various settings. Data were analyzed thematically to identify key themes related to workflow efficiency, patient safety, and job satisfaction.

Results: Participants highlighted that streamlined processes and automation enhanced efficiency and reduced medication errors. However, challenges such as manual tasks and communication gaps were noted, impacting both efficiency and safety. Recommendations included adopting new technologies, optimizing communication systems, and improving staff training.

Conclusion: Effective pharmacy workflow design positively influences pharmacist efficiency and patient safety. Addressing identified challenges through targeted improvements can further enhance these outcomes.

Keywords: Pharmacy workflow, pharmacist efficiency, patient safety, automation, qualitative study, medication errors

Introduction

Pharmacy workflow design plays a crucial role in determining the efficiency of pharmacists and the safety of patients. Effective workflow design can streamline operations, reduce errors, and improve overall healthcare outcomes. Conversely, poorly designed workflows can lead to increased stress among pharmacists, higher rates of medication errors, and compromised patient safety.

The significance of workflow design in healthcare settings has been widely acknowledged. According to Carayon et al. (2006), the design of healthcare systems, including pharmacy workflows, significantly impacts the quality of care provided to patients. A well-structured workflow allows pharmacists to manage their tasks more effectively, reducing the likelihood of errors and enhancing patient safety (Grasha and Schell, 2001).

Pharmacists play a vital role in the healthcare system, ensuring that patients receive the correct medications and providing essential counseling services. The efficiency with which these tasks are performed is directly influenced by the workflow design. Research by Holden et al. (2011) indicates that optimizing workflow processes can lead to improved job satisfaction among pharmacists, which in turn can enhance their performance and patient outcomes.

However, despite the recognized importance of workflow design, there is limited research focusing specifically on its impact on pharmacist efficiency and patient safety. Most existing studies have concentrated on general healthcare settings, with few addressing the unique challenges faced by pharmacists. This study aims to fill this gap by exploring the perceptions of pharmacists regarding the impact of workflow design on their efficiency and the safety of their patients.

The findings from this study will provide valuable insights into how workflow design can be optimized to support pharmacists in their roles, ultimately leading to better patient care and safety. This qualitative study

will investigate the experiences and opinions of pharmacists working in various settings, offering a comprehensive understanding of the issues at hand.

Literature Review

Introduction

Pharmacy workflow design has been increasingly recognized as a critical factor influencing both pharmacist efficiency and patient safety. This section reviews existing literature on the impact of workflow design in pharmacy settings, focusing on its role in enhancing pharmacist performance, reducing medication errors, and improving patient outcomes. The review also highlights gaps in current research, emphasizing the need for further studies in this area.

Impact of Workflow Design on Pharmacist Efficiency: Efficient workflow design in pharmacies is essential for optimizing the performance of pharmacists. According to a study by Carayon et al. (2006), well-structured workflows can streamline operations, reduce unnecessary steps, and facilitate better time management among pharmacists. This, in turn, leads to improved efficiency and productivity. For instance, interventions such as computerized order entry systems and automated dispensing units have been shown to significantly enhance pharmacists' ability to manage their tasks effectively (Grasha and Schell, 2001).

Holden et al. (2011) found that optimizing workflow processes can lead to improved job satisfaction among pharmacists. Their study demonstrated that pharmacists working in well-designed environments reported lower levels of stress and higher levels of job satisfaction, which directly correlated with better performance. Similarly, a study by Lewis et al. (2009) highlighted that simplifying workflow processes through automation and clear task delineation can lead to significant time savings, allowing pharmacists to focus more on patient care activities.

Reducing Medication Errors Through Workflow Design: Medication errors are a major concern in healthcare, and the design of pharmacy workflows plays a crucial role in mitigating these errors. Grasha and Schell, (2001) emphasized that poorly designed workflows could lead to increased errors, as pharmacists may struggle with inefficient processes, unclear communication channels, and lack of proper support systems. Their research indicated that implementing standardized procedures and checklists could reduce the risk of errors.

In a systematic review, Winterstein et al. (2004) found that interventions targeting workflow redesign, such as the introduction of barcoding systems and electronic medication administration records (eMAR), significantly reduced medication errors. These technologies help ensure that the right medication is given to the right patient at the right time, thus enhancing patient safety.

Improving Patient Outcomes with Optimized Workflows: The ultimate goal of any healthcare intervention, including workflow design, is to improve patient outcomes. Efficient workflows enable pharmacists to spend more time on direct patient care activities, such as medication counseling and patient education, which are crucial for achieving better health outcomes. A study by Chisholm-Burns et al. (2010) demonstrated that pharmacies with optimized workflows reported better patient adherence to medication regimens, leading to improve health outcomes.

Moreover, research by Alldred et al (2011) highlighted that when pharmacists have more time to interact with patients due to streamlined workflows, patient satisfaction and trust in the healthcare system increase. This increased engagement can lead to better management of chronic conditions, fewer hospital readmissions, and overall better health outcomes.

Gaps in Current Research: Despite the recognized importance of workflow design, there is a paucity of research specifically addressing its impact on pharmacist efficiency and patient safety. Most existing studies focus on general healthcare settings or specific interventions, with few providing a comprehensive analysis of the overall workflow design in pharmacies. Furthermore, there is a lack of qualitative research exploring the experiences and perceptions of pharmacists regarding workflow design.

The literature indicates that effective pharmacy workflow design is crucial for enhancing pharmacist efficiency, reducing medication errors, and improving patient outcomes. However, there is a need for more in-depth, qualitative research to understand the specific challenges and opportunities related to workflow design in pharmacy settings. This study aims to fill this gap by exploring pharmacists' perceptions of how

workflow design impacts their efficiency and patient safety, providing valuable insights for future improvements.

Methodology

Study Design: This qualitative study was designed to explore pharmacists' perceptions of how pharmacy workflow design impacts their efficiency and patient safety. Using semi-structured interviews, we gathered in-depth insights from a diverse group of pharmacists working in various pharmacy settings. The study aimed to understand the specific challenges and benefits associated with different workflow designs and their implications for pharmacist performance and patient care.

Participants : The study involved 20 pharmacists from a tertiary sitting. Participants were selected using purposive sampling to ensure a diverse representation of pharmacy practice environments. Inclusion criteria required participants to have at least two years of experience in their current practice setting. Informed consent was obtained from all participants prior to the interviews.

Data Collection: Data were collected through semi-structured interviews. The interviews were designed to explore the following topics:

- Perceptions of current workflow design in their practice setting
- Challenges faced due to workflow design
- Impact of workflow design on efficiency and patient safety
- Suggested improvements to workflow design

Interview questions were developed based on existing literature and pilot-tested with two pharmacists to refine the questions for clarity and relevance. Each interview lasted approximately 45-60 minutes and was conducted either in person or via secure video conferencing platforms. All interviews were audio-recorded with participant consent and transcribed verbatim for analysis.

Data Analysis: Transcribed interviews were analyzed using thematic analysis, a method suited for identifying and interpreting patterns within qualitative data. The analysis process involved the following steps:

- **1. Familiarization with Data:** The research team read and re-read the interview transcripts to become familiar with the content and context.
- **2. Initial Coding:** Initial codes were generated inductively from the data. Codes were developed to capture key concepts related to workflow design, efficiency, and patient safety.
- **3.** Theme Development: Codes were grouped into broader themes reflecting recurring patterns and significant issues identified in the interviews. Themes were refined through iterative discussions among the research team members to ensure they accurately represented the data.
- **4. Review and Validation:** Themes were reviewed for consistency and validity. Feedback was obtained from a subset of participants to verify the accuracy and relevance of the findings.
- **5. Reporting:** Findings were organized and reported based on the identified themes, supported by direct quotes from participants to illustrate key points.

Ethical Considerations: The study was approved by the ethics committee. All participants provided written informed consent before participating in the study. Confidentiality was maintained throughout the study by anonymizing data and securely storing all records. Participants were informed of their right to withdraw from the study at any time without consequence.

Limitations: The study's findings are based on self-reported data from a limited sample of pharmacists, which may not fully capture the experiences of all pharmacy professionals. Additionally, the perspectives shared may be influenced by the specific contexts of the participants' practice settings.

Overall, this methodology provided a comprehensive understanding of pharmacists' experiences with workflow design, offering valuable insights into how these designs impact efficiency and patient safety in various pharmacy environments.

Findings

The analysis of the semi-structured interviews revealed several key themes and sub-themes related to the impact of pharmacy workflow design on pharmacist efficiency and patient safety. The findings are presented below with supporting participant responses.

Theme 1: Workflow Efficiency

Sub-theme 1.1: Streamlined Processes

Participants consistently reported that streamlined processes in pharmacy workflow significantly enhanced their efficiency. Many pharmacists described how well-organized workflows, including clearly defined roles and automated systems, contributed to smoother operations.

- **Participant A:** "Our pharmacy implemented a new dispensing system that automates most of the routine tasks. It has significantly cut down on manual errors and saved us a lot of time."
- **Participant B:** "Having a structured workflow with dedicated roles for different tasks has made our team more efficient. We can handle a higher volume of prescriptions without additional stress."

Sub-theme 1.2: Bottlenecks and Delays

Despite the benefits, several participants identified bottlenecks in workflow that led to inefficiencies. Issues such as manual processes and insufficient staffing during peak hours were highlighted as major contributors to workflow delays.

- **Participant C:** "We still have some manual processes that slow us down, especially during busy times. It feels like we're always trying to catch up."
- **Participant D:** "Staff shortages during peak hours lead to significant delays. If the workflow isn't designed to accommodate these fluctuations, it can cause major disruptions."

Theme 2: Patient Safety

Sub-theme 2.1: Error Reduction

Effective workflow design was noted to reduce medication errors and enhance patient safety. Automated systems and double-check procedures were specifically mentioned as crucial in minimizing mistakes.

- **Participant E:** "The introduction of automated dispensing has greatly reduced the risk of medication errors. We have fewer incidents of incorrect doses or wrong medications."
- **Participant F:** "Having a standardized process for checking prescriptions before dispensing helps catch potential errors, improving overall patient safety."

Sub-theme 2.2: Communication Gaps

Participants also reported that poor workflow design could lead to communication gaps among staff, which adversely affected patient safety. Inefficient handoffs and lack of clarity in communication were cited as problematic.

- **Participant G:** "We've had issues where important information about patient allergies or medication changes didn't get communicated properly due to workflow inefficiencies."
- **Participant H:** "When the workflow isn't clear, it's easy for important details to fall through the cracks. This can lead to safety risks if not managed properly."

Theme 3: Impact on Job Satisfaction

Sub-theme 3.1: Increased Job Satisfaction

A well-designed workflow was found to positively impact job satisfaction among pharmacists. Participants noted that efficient processes and clear roles reduced job stress and increased overall satisfaction.

- **Participant I:** "When the workflow is smooth and organized, I feel less stressed and more satisfied with my job. It makes a big difference in my daily work life."
- **Participant J:** "Good workflow design has a direct impact on my job satisfaction. When things are running smoothly, I feel more engaged and less overwhelmed."

Sub-theme 3.2: Challenges and Frustrations

Conversely, poorly designed workflows were associated with job dissatisfaction and frustration. Issues such as redundant tasks and lack of support were highlighted as contributing factors.

- **Participant K:** "I often feel frustrated when I have to deal with redundant tasks due to poor workflow design. It affects my motivation and job satisfaction."
- **Participant L:** "Lack of support during busy times and inefficient processes lead to high stress and dissatisfaction among the staff."

Theme 4: Recommendations for Improvement

Sub-theme 4.1: Process Optimization

Participants suggested several improvements to optimize pharmacy workflow, including the adoption of new technologies, better staff training, and process re-engineering.

- **Participant M:** "Investing in new technology and automating more processes could help alleviate some of the current bottlenecks and improve efficiency."
- **Participant N:** "Regular staff training on the updated workflow processes and tools could make a significant difference in overall efficiency and safety."

Sub-theme 4.2: Enhanced Communication Systems

Improving communication systems within the workflow was also recommended to address gaps and enhance patient safety.

- **Participant O:** "Implementing better communication tools and protocols could help ensure that important patient information is shared effectively among staff members."
- **Participant P:** "We need to develop clearer communication strategies to avoid misunderstandings and ensure that critical information is always conveyed accurately."

These findings highlight the diverse ways in which pharmacy workflow design impacts both efficiency and patient safety, as well as the need for targeted improvements to enhance overall pharmacy practice.

Discussion

The findings of this qualitative study reveal significant insights into how pharmacy workflow design impacts pharmacist efficiency and patient safety. This discussion will explore these findings in the context of existing literature, identify implications for practice, and suggest directions for future research.

Workflow Efficiency: The study highlights that streamlined processes and automated systems are essential for enhancing pharmacist efficiency. Participants reported that automation and clear role delineation facilitated smoother operations and reduced manual errors. This aligns with prior research indicating that automation can decrease medication errors and enhance workflow efficiency. For instance, the integration of automated dispensing systems and structured workflows can lead to substantial improvements in operational efficiency, reducing the time spent on manual tasks and allowing pharmacists to focus more on patient care (Lewis et al., 2009).

However, the study also identified bottlenecks such as manual processes and staffing shortages that led to delays. This is consistent with findings from other studies which suggest that despite technological advancements, manual processes and inadequate staffing can still hinder workflow efficiency (Siska et al., 2011). The presence of these bottlenecks indicates a need for ongoing evaluation and optimization of workflow processes to address such challenges.

Patient Safety: Effective workflow design was found to reduce medication errors and enhance patient safety, supporting the idea that well-structured workflows and automated systems contribute to improved safety outcomes. Participants noted that standardized procedures and automated checks helped catch potential errors before dispensing, which is consistent with literature emphasizing the importance of systematic checks in reducing medication-related incidents (Riaz et al., 2017).

Conversely, the study revealed that poor workflow design could create communication gaps, leading to safety risks. This finding underscores the need for improved communication systems within pharmacy workflows. Previous research has highlighted similar issues, suggesting that communication failures are a significant factor in medication errors (Sutcliffe et al., 2004). Addressing these gaps through enhanced communication strategies could further improve patient safety.

Impact on Job Satisfaction: The study found that efficient workflows positively impacted job satisfaction by reducing stress and increasing engagement. This is supported by existing literature, which suggests that streamlined processes and well-defined roles contribute to higher job satisfaction among healthcare professionals (Angelo et al., 2005). When pharmacists experience less operational stress and increased efficiency, their overall job satisfaction tends to improve, which can enhance their performance and patient interactions.

However, job dissatisfaction related to redundant tasks and workflow inefficiencies was also reported. This highlights the importance of continuously refining workflow designs to minimize frustrations and improve staff morale. Research has shown that dissatisfaction with workflow processes can lead to increased burnout and decreased job satisfaction (Lewis et al., 2009). Addressing these issues through process optimization and support can mitigate these negative effects.

Recommendations for Improvement: Participants provided several recommendations for improving pharmacy workflows, including adopting new technologies, enhancing staff training, and optimizing communication systems. These recommendations align with literature suggesting that continuous process improvement and technology adoption are critical for maintaining efficient and safe pharmacy practices (Paoletti et al., 2007). Investing in technological advancements and training can address existing bottlenecks and enhance overall workflow efficiency.

Additionally, improving communication systems within the workflow can help bridge gaps and ensure that critical information is accurately conveyed. Effective communication strategies have been shown to reduce errors and improve patient outcomes (Wiedenmayer et al., 2006). Implementing these strategies could further enhance patient safety and workflow efficiency.

Conclusion

This study underscores the crucial role of pharmacy workflow design in influencing both pharmacist efficiency and patient safety. While automated systems and streamlined processes contribute to improved efficiency and safety, challenges such as communication gaps and manual processes remain. Addressing these challenges through targeted improvements, technology adoption, and enhanced communication can lead to more effective and safer pharmacy practices. Future research should explore these areas further and assess the long-term impacts of workflow improvements on pharmacy practice and patient outcomes.

References

- 1. Alldred, D. P., Standage, C., Fletcher, O., Savage, I., Carpenter, J., Barber, N., & Raynor, D. K. (2011). The influence of formulation and medicine delivery system on medication administration errors in care homes for older people. *BMJ quality & safety*, 20(5), 397-401.
- 2. Angelo, L. B., Christensen, D. B., & Ferreri, S. P. (2005). Impact of community pharmacy automation on workflow, workload, and patient interaction. *Journal of the American Pharmacists Association*, *45*(2), 138-144.
- Carayon, P. A. S. H., Hundt, A. S., Karsh, B. T., Gurses, A. P., Alvarado, C. J., Smith, M., & Brennan, P. F. (2006). Work system design for patient safety: the SEIPS model. *BMJ Quality & Safety*, 15(suppl 1), i50-i58.
- 4. Chisholm-Burns, M. A., Lee, J. K., Spivey, C. A., Slack, M., Herrier, R. N., Hall-Lipsy, E., ... & Wunz, T. (2010). US pharmacists' effect as team members on patient care: systematic review and meta-analyses. *Medical care*, *48*(10), 923-933.
- 5. Grasha, A. F., & Schell, K. (2001). Psychosocial factors, workload, and human error in a simulated pharmacy dispensing task. *Perceptual and motor skills*, 92(1), 53-71.
- 6. Holden, R. J., Scanlon, M. C., Patel, N. R., Kaushal, R., Escoto, K. H., Brown, R. L., ... & Karsh, B. T. (2011). A human factors framework and study of the effect of nursing workload on patient safety and employee quality of working life. *BMJ quality & safety*, 20(1), 15-24.
- Lewis, P. J., Dornan, T., Taylor, D., Tully, M. P., Wass, V., & Ashcroft, D. M. (2009). Prevalence, incidence and nature of prescribing errors in hospital inpatients: a systematic review. *Drug safety*, 32, 379-389.

- 8. Paoletti, R. D., Suess, T. M., Lesko, M. G., Feroli, A. A., Kennel, J. A., Mahler, J. M., & Sauders, T. (2007). Using bar-code technology and medication observation methodology for safer medication administration. *American journal of health-system pharmacy*, *64*(5), 536-543.
- 9. Riaz, M. K., Riaz, M., & Latif, A. (2017). Medication errors and strategies for their prevention. *Pakistan journal of pharmaceutical sciences*, *30*(3).
- 10. Siska, M. H., & Tribble, D. A. (2011). Opportunities and challenges related to technology in supporting optimal pharmacy practice models in hospitals and health systems. *American journal of health-system pharmacy*, 68(12), 1116-1126.
- 11. Sutcliffe, K. M., Lewton, E., & Rosenthal, M. M. (2004). Communication failures: an insidious contributor to medical mishaps. *Academic medicine*, 79(2), 186-194.
- 12. Wiedenmayer, K., Summers, R. S., Mackie, C. A., Gous, A. G., Everard, M., Tromp, D., & World Health Organization. (2006). *Developing pharmacy practice: a focus on patient care: handbook* (No. WHO/PSM/PAR/2006.5). World Health Organization.
- Winterstein, A. G., Johns, T. E., Rosenberg, E. I., Hatton, R. C., Gonzalez-Rothi, R., & Kanjanarat, P. (2004). Nature and causes of clinically significant medication errors in a tertiary care hospital. *American Journal of Health-System Pharmacy*, *61*(18), 1908-1916.