

# The Impact of Point Mutations on Protein Structure and Function: Case Studies of Sickle Cell Anemia and Cystic Fibrosis

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## Abstract

**Background:** Point mutations can significantly impact protein structure and function, leading to various genetic disorders. This study investigates the effects of two specific mutations: the sickle cell anemia  $\beta$ -globin mutation (GAG to GTG) and the  $\Delta$ F508 mutation in the CFTR gene, on protein characteristics.

**Methods:** A case-control study was conducted with blood samples from patients with sickle cell anemia, cystic fibrosis, and healthy controls. Protein expression, structure, and function were analyzed using circular dichroism spectroscopy, X-ray crystallography, functional assays, and molecular dynamics simulations.

**Results:** The sickle cell mutation resulted in decreased alpha helix content and increased beta sheet content in  $\beta$ -globin, leading to reduced oxygen-binding affinity. The  $\Delta$ F508 CFTR mutation caused reduced alpha helix content and impaired chloride transport. Computational modeling showed increased structural instability for both mutated proteins.

**Conclusion:** Point mutations in the  $\beta$ -globin and CFTR genes lead to significant structural and functional changes in proteins, contributing to disease pathology. These findings highlight the importance of understanding mutation impacts for developing targeted therapies.

**Keywords:** Point mutations,  $\beta$ -globin, CFTR, sickle cell anemia, cystic fibrosis, protein structure, functional assays.

## Introduction

Genetic mutations are alterations in the DNA sequence that can impact gene function and subsequently affect protein synthesis. These mutations can range from single nucleotide changes to larger deletions or insertions, and they play a critical role in a variety of genetic disorders (Veltman & Brunner, 2012). Proteins, which are essential for virtually all biological processes, rely on their specific three-dimensional structures to function correctly. Mutations that alter the amino acid sequence of a protein can disrupt its structure and function, leading to disease (Karplus & Kuriyan, 2005).

Point mutations, which involve the substitution of a single nucleotide in the DNA sequence, are among the most common types of genetic alterations. These mutations can be classified into three categories: missense, nonsense, and silent mutations. Missense mutations result in a change in the amino acid sequence of a protein, potentially affecting its function. Nonsense mutations create a premature stop codon, leading to truncated proteins that are often nonfunctional. Silent mutations, while not altering the amino acid sequence, can still impact protein function through effects on RNA stability or translation efficiency (Kunkel & Bebenek, 2000). The impact of point mutations on protein function can be profound. For instance, in sickle cell anemia, a single nucleotide substitution in the  $\beta$ -globin gene (GAG to GTG) results in the replacement of glutamic acid with valine at position 6 of the hemoglobin protein. This seemingly minor change causes hemoglobin molecules to aggregate, leading to the characteristic sickle-shaped red blood cells and associated health complications (Fitzsimmons, et al., 2016). Similarly, cystic fibrosis is caused by a deletion of three nucleotides in the CFTR gene, leading to the loss of a single phenylalanine residue at position 508 of the CFTR protein.

This mutation disrupts protein folding and function, resulting in the accumulation of thick mucus in various organs (Riordan et al., 1989).

Understanding the specific effects of genetic mutations on protein structure and function is crucial for developing targeted therapies and improving patient outcomes. Advances in molecular genetics and structural biology have provided insights into how these mutations alter protein properties and contribute to disease mechanisms (Karplus & Kuriyan, 2005). This paper aims to explore the impact of point mutations on protein function, using case studies of sickle cell anemia and cystic fibrosis to illustrate the broader implications of genetic changes on human health.

## Literature Review

**Overview of Genetic Mutations:** Genetic mutations, which involve changes in the DNA sequence, are a fundamental aspect of molecular genetics. Mutations can be classified into several types, including point mutations, insertions, deletions, and duplications. Point mutations, which are changes in a single nucleotide, can have varying effects depending on their nature. Missense mutations alter a single amino acid in the protein sequence, while nonsense mutations create premature stop codons, leading to truncated proteins. Silent mutations, despite not changing the protein sequence, can still affect protein function through mechanisms such as altered RNA splicing or translation efficiency (Kunkel & Bebenek, 2000).

**Protein Structure and Function:** Proteins are complex molecules composed of amino acid chains that fold into specific three-dimensional structures essential for their function. The primary structure is the linear sequence of amino acids, while secondary, tertiary, and quaternary structures involve folding and interactions that determine the protein's final shape and function. Disruptions in these structures can lead to loss of function or gain of abnormal function, which is often implicated in various diseases (Branden & Tooze, 2012). Understanding protein structure is crucial for deciphering how genetic mutations impact their functionality.

**Impact of Mutations on Proteins:** Point mutations can profoundly impact protein structure and function. Missense mutations, for example, can lead to single amino acid substitutions that may disrupt protein folding or function. This is exemplified in sickle cell anemia, where a single nucleotide substitution in the  $\beta$ -globin gene results in the replacement of glutamic acid with valine, causing hemoglobin to form rigid aggregates. These aggregates deform red blood cells, leading to the disease's characteristic symptoms (Fitzsimmons et al., 2016). Similarly, cystic fibrosis results from a deletion of three nucleotides in the CFTR gene, which removes a phenylalanine residue. This deletion impairs the protein's ability to regulate chloride channels, leading to the accumulation of thick mucus (Riordan et al., 1989).

**Recent Research on Genetic Mutations and Protein Dysfunction:** Recent advances in structural biology and genomics have enhanced our understanding of how genetic mutations impact protein function. High-resolution techniques such as X-ray crystallography and cryo-electron microscopy have provided detailed images of mutated proteins, revealing how specific mutations disrupt their structures. For instance, studies have shown how mutations in the CFTR gene lead to misfolding and impaired trafficking of the CFTR protein, which is critical for cystic fibrosis pathology (Karplus & Kuriyan, 2005). Additionally, computational modeling has allowed researchers to predict the effects of mutations on protein stability and interactions, offering insights into how these changes contribute to disease (Li et al., 2014).

**Technological Advancements in Studying Mutations:** Advancements in sequencing technologies, such as next-generation sequencing (NGS), have revolutionized the study of genetic mutations. NGS enables comprehensive analysis of genetic variations across the genome, facilitating the identification of disease-associated mutations and their effects on protein function. These technologies have significantly expanded our knowledge of genetic disorders and provided new avenues for targeted therapies (Mardis, 2008). Furthermore, bioinformatics tools have improved the prediction of mutation impacts on protein structure and function, contributing to a more nuanced understanding of genetic diseases (Di Lena et al., 2012).

## Methodology

**Study Design:** This research employed a case-control study design to investigate the impact of point mutations on protein function. The study focused on two specific genetic mutations: the sickle cell mutation in the  $\beta$ -globin gene and the  $\Delta F508$  mutation in the CFTR gene. The aim was to assess how these mutations affect protein structure and function, using both laboratory experiments and computational analyses.

## Participants and Sample Collection

- **Sickle Cell Anemia Group:** Blood samples were obtained from 30 patients diagnosed with sickle cell anemia, confirmed through clinical evaluation and genetic testing.
- **Cystic Fibrosis Group:** Blood samples were collected from 30 patients with cystic fibrosis, diagnosed based on clinical criteria and genetic testing for the  $\Delta F508$  mutation.
- **Control Group:** Blood samples were also collected from 30 healthy volunteers with no known genetic disorders.

## Experimental Procedures

### 1. Mutation Identification and Verification:

- Genomic DNA was extracted from patient blood samples using a standard DNA extraction kit (Qiagen, Germany).
- The presence of mutations was confirmed using polymerase chain reaction (PCR) and Sanger sequencing to verify the sickle cell mutation (GAG to GTG) in the  $\beta$ -globin gene and the  $\Delta F508$  mutation in the CFTR gene.

### 2. Protein Expression and Purification:

- For functional studies, the wild-type and mutated  $\beta$ -globin and CFTR genes were cloned into expression vectors and transfected into HEK293 cells using a lipid-based transfection reagent (Lipofectamine 3000, Thermo Fisher Scientific, USA).
- Proteins were expressed and purified using affinity chromatography with specific tags for each protein ( $\beta$ -globin: His-tag; CFTR: FLAG-tag).

### 3. Structural Analysis:

- Protein samples were analyzed using circular dichroism (CD) spectroscopy to assess secondary structure changes due to mutations.
- X-ray crystallography was employed to determine the high-resolution structures of mutated proteins, comparing them with wild-type proteins. Crystals were grown, and diffraction data were collected at a synchrotron facility.

### 4. Functional Assays:

- Sickle Cell Anemia: Hemoglobin samples were tested for oxygen-binding affinity using a Hemoximeter (TCS Scientific, USA) to measure changes in hemoglobin functionality due to the sickle cell mutation.
- Cystic Fibrosis: CFTR channel activity was assessed using a patch-clamp technique to measure chloride ion transport in transfected cells. Additionally, protein localization and expression were examined using Western blotting and immunofluorescence microscopy.

### 5. Computational Modeling:

- Molecular dynamics simulations were conducted to predict the impact of mutations on protein stability and interactions. Software tools such as GROMACS and PyMOL were used to model the structural changes and assess potential alterations in protein function.

### 6. Data Collection and Analysis:

- Structural Data: X-ray crystallography data were processed using the CCP4 suite, and structures were visualized using PyMOL. CD spectroscopy data were analyzed using OriginPro software to determine changes in secondary structure content.
- Functional Data: Hemoglobin oxygen-binding curves and CFTR channel activity were analyzed statistically using paired t-tests and ANOVA to compare differences between mutated and wild-type proteins. Functional assay results were interpreted in the context of mutation effects on protein activity.

- 7. **Computational Data:** Molecular dynamics simulation results were analyzed to quantify changes in protein dynamics and stability, using RMSD (root-mean-square deviation) and RMSF (root-mean-square fluctuation) metrics.

- 8. Ethical Considerations:** The study was approved by the ethics committee. Written informed consent was obtained from all participants or their guardians prior to sample collection. All procedures adhered to ethical guidelines for human research and patient privacy.

## Findings

### Identification of Genetic Mutations

The study successfully identified the targeted point mutations in the  $\beta$ -globin and CFTR genes. Sickle cell anemia patients exhibited the GAG to GTG mutation in the  $\beta$ -globin gene, while cystic fibrosis patients had the  $\Delta$ F508 mutation in the CFTR gene.

**Table 1: Frequency of Genetic Mutations**

Mutation	Sickle Cell Anemia Patients	Cystic Fibrosis Patients	Control Group
$\beta$ -globin GAG to GTG	30	0	0
CFTR $\Delta$ F508	0	30	0
No Mutation	0	0	30

### Protein Structure Analysis

**Table 2: Circular Dichroism Spectroscopy Results**

Protein	Mutation	Alpha Helix (%)	Beta Sheet (%)	Random Coil (%)
$\beta$ -globin	Wild-type	28	33	39
$\beta$ -globin	Sickle Cell	25	35	40
CFTR	Wild-type	30	27	43
CFTR	$\Delta$ F508	18	40	42

The CD spectroscopy data indicated a reduction in alpha helix content and an increase in beta sheet content in the sickle cell  $\beta$ -globin protein, reflecting structural alterations. For CFTR, the  $\Delta$ F508 mutation led to a significant decrease in alpha helix content, suggesting altered protein folding.

### Functional Assays

**Table 3: Hemoglobin Oxygen-Binding Affinity**

Hemoglobin Type	Oxygen Affinity (P50, mmHg)
Wild-type $\beta$ -globin	26.5
Sickle Cell $\beta$ -globin	34.2

The sickle cell mutation increased the P50 value of hemoglobin, indicating a reduced oxygen-binding affinity compared to the wild-type, consistent with the disease's pathology.

**Table 4: CFTR Channel Activity**

Protein Type	Chloride Transport (pA)	Protein Expression (Relative to Wild-type)
Wild-type CFTR	85	1.00
$\Delta$ F508 CFTR	15	0.30

The patch-clamp assay demonstrated a significant reduction in chloride transport and protein expression for the  $\Delta$ F508 CFTR compared to the wild-type, highlighting the impact of the mutation on CFTR function.

## Computational Modeling

**Table 5: Molecular Dynamics Simulation Results**

Protein	Mutation	RMSD (Å)	RMSF (Å)
β-globin	Wild-type	1.10	0.65
β-globin	Sickle Cell	1.30	0.85
CFTR	Wild-type	1.20	0.70
CFTR	ΔF508	1.50	0.95

Molecular dynamics simulations revealed increased RMSD and RMSF values for both mutated proteins, indicating greater structural instability and flexibility compared to their wild-type counterparts.

### Discussion

This study provides insights into the effects of point mutations on protein structure and function, specifically focusing on the sickle cell anemia β-globin mutation and the ΔF508 mutation in the CFTR gene. The findings highlight how these mutations lead to significant alterations in protein characteristics, which contribute to the pathophysiology of the respective diseases.

**Sickle Cell Anemia:** The β-globin mutation associated with sickle cell anemia (GAG to GTG) results in a missense mutation where glutamic acid is replaced by valine. The circular dichroism (CD) spectroscopy data revealed a reduction in alpha helix content and an increase in beta sheet content in the mutated β-globin protein compared to the wild-type. These structural changes are consistent with the rigid, elongated shape of sickle cells observed in patients (Fitzsimmons et al., 2016). The increased P50 value for the sickle cell hemoglobin, indicating reduced oxygen-binding affinity, aligns with clinical observations of impaired oxygen transport in sickle cell anemia (Bunn & Forget, 1986).

The molecular dynamics simulations further supported these findings by showing increased root-mean-square deviation (RMSD) and root-mean-square fluctuation (RMSF) for the sickle cell β-globin protein. These metrics indicate that the mutated protein exhibits greater structural instability and flexibility, which likely contributes to its pathological aggregation (Kunkel & Bebenek, 2000).

**Cystic Fibrosis:** In cystic fibrosis, the ΔF508 mutation in the CFTR gene leads to a deletion of phenylalanine at position 508, disrupting protein folding and function. The CD spectroscopy results showed a significant decrease in alpha helix content for the ΔF508 CFTR protein, reflecting impaired protein folding and stability. This finding is consistent with the observed accumulation of misfolded CFTR in the endoplasmic reticulum and its reduced functional expression at the cell surface (Riordan et al., 1989).

Functional assays demonstrated a marked reduction in chloride transport for the ΔF508 CFTR compared to the wild-type, which corroborates the clinical symptoms of cystic fibrosis, including defective chloride channel function and thick mucus production (Higgins, 1992). The molecular dynamics simulations also revealed increased RMSD and RMSF values for the ΔF508 CFTR, indicating that the mutation induces greater structural instability and dynamic variability, contributing to its dysfunctional state (Karplus & Kuriyan, 2005).

### Implications and Future Directions

This study underscores the critical impact of point mutations on protein function and disease development. Understanding the specific structural and functional alterations caused by these mutations provides valuable insights into disease mechanisms and can inform the development of targeted therapies. For instance, the identification of structural instability in mutated proteins could guide the design of small molecules or chaperone therapies aimed at stabilizing the protein or correcting its folding defects.

Future research could expand on these findings by exploring a broader range of mutations and proteins to build a more comprehensive understanding of how genetic alterations influence protein function. Additionally, integrating experimental data with computational predictions can further enhance our ability to predict mutation effects and design effective interventions.

## Conclusion

This study demonstrates that point mutations in the  $\beta$ -globin gene and CFTR gene lead to significant alterations in protein structure and function. The sickle cell anemia mutation results in structural changes and decreased oxygen-binding affinity, contributing to the disease's pathology. Similarly, the  $\Delta F508$  mutation in CFTR impairs protein folding and chloride transport, which aligns with the clinical manifestations of cystic fibrosis. These findings underscore the critical role of genetic mutations in altering protein function and highlight the importance of structural and functional studies in understanding and addressing genetic disorders. Future research should continue to explore the impacts of various mutations to develop targeted therapeutic strategies.

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