

# Effectiveness of homoeopathic medicine in Hemorrhoids -with case presentation

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## INTRODUCTION OF HEMORRHOIDS

Hemorrhoids, also known as piles, are swollen and inflamed veins in the rectum and anus that cause discomfort, itching, pain, and sometimes bleeding. They can develop inside the rectum (internal hemorrhoids) or under the skin around the anus (external hemorrhoids). While not usually serious, they can be very uncomfortable and may interfere with daily life.

## CAUSES OF HEMORRHOIDS:

Several factors contribute to the development of hemorrhoids, including:

1. Straining during bowel movements – Often due to constipation.
2. Chronic diarrhea or constipation – Both can increase pressure in the rectal veins.
3. Sitting for long periods – Especially on the toilet.
4. Low-fiber diet – Leads to hard stools and straining.
5. Obesity – Extra pressure on the pelvic veins.
6. Pregnancy – Increased pressure from the growing uterus.
7. Heavy lifting – Repeated strain can affect rectal veins.
8. Aging – Tissues in the rectum and anus weaken with age.
9. Genetics – A family history of hemorrhoids increases risk.

## COMMON RUBRICS FOR HEMORRHOIDS IN THE REPERTORY:

1. RECTUM – HEMORRHAGE – Hemorrhoids (Piles) ,Remedies: Aesculus, Hamamelis, Nux vomica, Sulphur, Ratanhia, Aloe, Collinsonia
2. RECTUM – HEMORRHOIDS – Bleeding ,Remedies: Hamamelis, Millefolium, Sulphur, Nux vomica, Aloe, Phosphorus
3. RECTUM – HEMORRHOIDS – External,Remedies: Aesculus, Ratanhia, Sulphur, Graphites, Lycopodium
4. RECTUM – HEMORRHOIDS – Internal,Remedies: Nux vomica, Aloe, Sulphur, Aesculus, Collinsonia
5. RECTUM – HEMORRHOIDS – Burning pain,Remedies: Aloe, Ratanhia, Sulphur, Arsenicum album
6. RECTUM – HEMORRHOIDS – With constipation, Remedies: Nux vomica, Aesculus, Collinsonia, Sulphur
7. RECTUM – HEMORRHOIDS – During pregnancy ,Remedies: Collinsonia, Sepia, Nux vomica, Pulsatilla

## CASE PRESENTATION ON HAEMORRHOIDS

Date :- 10/04/2023

Name of Patient :- XYZ

Age :- 35 years

Sex :- Female

Religion :- Hindu

Nationality:- Indian

Marital status :- Married

Occupation:- House wife  
Family members:- 3  
Husband (37years)  
Son (7 years)  
Mother & father (Died)  
Address:- Rajkot

**Presenting complaint**

Pain around anus  
Discharge from anus

**Physical generals:-**

Appearance :- Tall and slim  
Appetite :- gnawing hunger,  
Thirst :- 2-3 lit/day  
Desire:- Not specific  
Aversion:- Not specific  
Stool :- always a sense of fullness in the rectum after stool; ineffectual straining  
Urine :- Not specific  
Sleep :- Unrefreshing, Insomnia  
Dreams:- Not specific  
Thermal reaction :- Hot  
Patient

**Mentals Generals:-**

- Fear of recurrence
- Fear of injury being injured
- Fear of passing involuntary stool
- Fear from imaginary Complaint
- Anxiety with sleeplessness
- Sleeplessness from pain
- Fear of poverty
- Fear of starving

**General Examination:-**

State:- Conscious  
General built & nutrition :- Good  
Height :- 5 feet 6 inches  
Weight:- 72 kgs  
Anaemia:- Absent                      Jaundice:- Absent  
Cyanosis:- Absent                      Oedema:- Absent  
Pulse:- 80/min  
B.P. :- 128/82 mm of Hg  
Temperature :- 98.6° F  
Respiratory rate:- 18/min

**DIFFERENTIAL DIAGNOSIS: -**

Hemorrhoid  
Fistula  
Analysis  
Final Diagnosis  
Hemorrhoids

**Totality of symptoms and rubrics: -**

FEAR – recurrent  
 MIND – ESCAPE, attempts to  
 MIND – FEAR – injury – being injured; of  
 MIND – FEAR – stool – involuntary stool; of  
 MIND – FEAR – complaints, of imaginary  
 Mind; anxiety; sleeplessness, with:  
 SLEEP – SLEEPLESSNESS – pain; from  
 SLEEP – SLEEPLESSNESS – anxiety, from  
 MIND – FEAR – poverty, of  
 MIND – LIBERTINISM  
 MIND – FEAR – starving, of

Remedies	ΣSym	ΣDeg	Symptoms
sep.	10	14	2, 3, 4, 5, 6, 7, 8, 10, 11, 12
ars.	8	13	1, 2, 4, 5, 6, 7, 11, 12
sulph.	8	9	2, 5, 6, 7, 8, 10, 11, 12
phos.	7	9	1, 2, 6, 8, 10, 11, 12
staph.	6	9	2, 4, 5, 7, 10, 12
stram.	6	9	1, 2, 4, 10, 11, 12
nat-m.	6	8	1, 6, 8, 10, 11, 12
nux-v.	6	8	1, 2, 5, 10, 11, 12
kali-c.	6	7	1, 3, 4, 5, 11, 12
merc.	6	7	1, 2, 5, 10, 11, 12
spong.	6	7	1, 2, 5, 6, 10, 12
verat.	6	7	1, 2, 8, 10, 11, 12
puls.	6	6	1, 2, 5, 10, 11, 12
bell.	5	9	1, 2, 10, 11, 12
bry.	5	9	1, 2, 5, 7, 11
cocc.	5	9	1, 2, 6, 11, 12
calc.	5	7	5, 7, 10, 11, 12
cham.	5	7	1, 2, 6, 11, 12

sepia

**Selection of potency:-**

R<sub>x</sub> SEPIA 0/3 (1) DOSE STAT ORALLY

SEPIA 0/3 REPETITION AS PAIN OCCURES

**Follow up**

Date:-22/04/2023 ,

Intensity of pain reduced ,discharge decreased (Rx sepia 0/4 liquid dilution orally 10 drops state

Date:-05/05/2023

Relief in pain ,no discharge. (Rx sac.lac.5 globules empty stomach orally

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