

# BUZZING TOWARDS HEALING: THE POWER OF APIS MELLIFICA IN CASES OF HIVES

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## **Abstract:**

Hives means Urticaria, It's commonly known as hives. Hives is very common condition of skin which is rarely fatal, it can impair of quality of life a patient who is suffering from hives. Hives is a hypersensitivity reaction caused by either an external or internal factor. a case of a 26 year old man was Suffering from urticaria since 6-7 months having raised erythematous wheal type lesion with itching, This lesion appear specially on face ,upper and lower limb. The patients prescribed indicated constitutional Homoeopathic medicines. Individualised homoeopathic medicine Apis Mellifica was prescribed in centesimal potency which showed a positive role in the treatment of hives. Within few months urticaria on whole body was annihilated. There was no recurrence.

**Keywords:** Apis Mellifica, Hives, urticaria, Kent Repertory Homoeopathy.

## **INTRODUCTION:**

Urticaria, or hives, is a transient skin condition characterized by pale or reddened irregular, elevated patches and severe itching. Individual hives can last from 30 minutes to 36 hours and vary in diameter from 1 mm to 20 cm. The central pallor of the hives occurs because the dilated blood vessels in the wheal are compressed. The pathology that characterizes urticaria is present in the superficial dermis and includes regional alterations to the venular plexus. The prevalence of urticaria varies according to the population under investigation and the sampling method used. According to a German study, up to 20% of the population will experience an episode of urticaria at some point in their lifetime. Overall lifetime prevalence rates of urticaria have been reported as 8.8% of the population. At any given time, chronic urticaria affects up to 1% of the general population. Both children and adults can acquire urticaria but it appears to be more common among adults, with women affected more often than men. The average age of patients suggests that the condition typically begins in the third to fifth decade of life. No reliable evidence is available regarding the difference in prevalence between race or ethnic groups. Homoeopathy has an effective treatment for a skin disease which includes urticaria. Selection of the medicine based on the individual symptoms of the patient.

## **CASE STUDY :**

A 26-year-old male presented with itching over the whole body with raised erythematous lesion of variable size since 4-5 months. Lesion is in wheale shape which is mostly appear on the upper and lower limb and face .Some times Burning pain after scratching. Hives are aggravated in warmth and after exercise, at night and change of

weather. This all Symptoms are ameliorated by Anti -Histamine medication. Thermal reaction of the patient was hot. The patient was thirstless. He had desire for Cold milk. Patient have temporary relief from conventional treatment but recur again. No fever no any pathological changes and urine was normal. Patient have history of malaria fever before 6 years back. Patient was one child in his family and he was unmarried. In her family her mother was suffering from allergic rhinitis.

### **GENERALS:**

Patient was irritable. Patient was very joyful but after this hives his nature was changed. Every little things affect to him. The appetite was good with desire for cold milk. He was thirstless and his tongue was moist. He had moderate perspiration all over the body. His bowel movement and urine was normal. Patient sleep was sound. Patient thermally hot and complain aggravated in warm weather.

### **SYSTEMIC EXAMINATION:**

- R.S. : BLAE+
- C.V.S. :S1S2+
- C.N.S.: CONSCIOUS AND ORIENTED
- GIT: P/A :SOFT AND NON TENDER
- BP:110/70 PR:76/MIN

### **LOCAL EXAMINATION:**

- THE PATIENT WAS LEAN AND THIN
- TYPE OF LESION – ERYTHEMATOUS WHEELS WITH MILD SWELLING
- COLOUR OF LESION – REDDISH
- MARGIN – ILL DEFINED
- SHAPE – SOME CIRCULAR AND SOME IRREGULAR IN SHAPE
- NUMBER – MULTIPLE
- SIZE – VARY FROM 10 TO 15 MM IN LENGTH
- SITE OF LESION – WHOLE BODY ESPECIALLY ON UPPER AND LOWER LIMB AND FACE

### **ANALYSIS OF THE CASE**

After analysis of the symptoms of the case, the Characteristic mental generals, physical generals and Particular symptoms were considered for formation Of the totality. Irritable, desire for cold milk also included in totality formation. Patient was thirstless. Site of the hives and it is aggravated in warmth, after exercise, at night and change of weather are included in totality formation.

### **MIASMATIC ANALYSIS:**

Miasmatic analysis of all the presenting symptoms were processed with the help of comparison of chronic miasm which shows the mixed miasmatic condition with predominance of psora.

← Repertorisation <span>☰</span> <span>...</span> <span>📋</span>								
Symptoms: 9 Remedies: 128   ▼ Applied Filter <span>🔍</span>								
Remedy Name	Apis	Sulph	Chlol	Puls	Nat-m	Urt-u	Hep	Kali-i
<b>Totality / Symptom Covered</b>	<b>17 / 7</b>	<b>12 / 6</b>	<b>9 / 4</b>	<b>9 / 4</b>	<b>8 / 4</b>	<b>7 / 3</b>	<b>6 / 4</b>	<b>6 / 4</b>
[Kent ]	2	3	2		2	2	1	1
[Extremities]Eruption:Upper li...	2	1	3					1
[Kent ]	2							
[Extremities]Eruption:Lower li...	3	3	3		2	2	2	2
[Kent ] [Face]Eruptions (see skin):Urticaria: (24)	3		1	2				
[Kent ]	2							
[Skin]Eruptions:Urticaria:Night...	2							
[Kent ]	2	2		2	3	3		2
[Skin]Eruptions:Urticaria:Chan...								
[Kent ] [Skin]Eruptions:Urticaria:Warmth and exercise: (13)								
[Kent ]								
[Stomach]Desires:Milk:Cold: (7)								
[Kent ] [Stomach]Thirstless: (87)	3	1		3	1		1	
[Kent ]								
[Stomach]Desires:Milk:Cold: (7)								
[Kent ] [Stomach]Thirstless: (87)								
[Kent ] [Mind]Contrary (see obstinate.irritable): (48)		2		2			2	

### REPERTORIAL ANALYSIS:

After the analysis of symptoms ,in the case genenerals are more prominent so I choose Kent Repertory for Repertorization. After repertorisation, many medicines were competing each other, namely Apis,Sulph,chlol,Puls.where maximum number of symptoms was covered by Apis Mellifica and score obtained was also highest i.e.17/7. After consultation with Materia medica was Apis Mellifica prescribed.Patient was irritable but not dirty and unhygenic.Main indication was his thirst and desire and aggravation which is different from the the sulpher.So Apis Mellifica was Selected for in this case of hives.

### PRESCRIPTION:

Rx Apis 200 BD for 15 days  
SL TDS for 15 days

DATE	OBSERVATION	PRESCRIPTION
16/12/2024	Hives on face,upper and lower limbs with itching and irritability(3-4 times in week)	Apis 200 BD For 15 days SL TDS for 15 days
31/12/2024	Sometimes Hives appear with itching(2 -3 times in week )	Apis 200 BD For 15 days SL BD for 15 days
17/01/2025	Betterin Hives and better in irritability(1 times in week)	SL BD for 15 days
23/01/2025	Sometimes Hives apper (1-2 times in week )	Apis 200 OD For 15 days SL BD for 15 days
08/02/2025	No Hives and better in irritability.	SL BD for 15 days
24/02/2025	No Hives and better in irritability.	SL BD for 15 days

13/03/2025	Sometimes Hives appear and better in irritability(1 times in two in week)	SL BD for 15 days
28/03/2025	No Hives and Patient is joyful	SL BD for 15 days

The patient was followed for near about another 1 yrs. and no relapse of the symptoms was noted during this period.

### CONCLUSION:

Homeopathic medicines have been shown to significantly diminish both the intensity and recurrence of urticaria episodes, thereby contributing to an overall enhancement in patients' quality of life. Moreover, individualized homeopathic treatment is closely associated with marked symptomatic relief, which, in turn, often results in a decreased dependency on conventional anti-allergic pharmacotherapy.

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